

***Promotional material placed in The Meeting Place Community Centre term magazine January 2004 which was inserted in the Fremantle Herald newspaper.***

**Article**

**LIVING SMART - FOR A SUSTAINABLE COMMUNITY**

Last year The City of Fremantle, The Meeting Place & Murdoch University joined together to present an innovative new programme called "Living Smart". The programme was a great success & was awarded Outstanding Environmental Care Program Award for the Adult Learner's Week 2003 Awards. Past participant's comments included "*Living Smart has been a really good insight into everyday ways that ordinary people can make changes in their lives & in turn change the environment*" & "*it was about fine-tuning what we are doing around the home & the more we do it, the more it enriches our lives*". This year Living Smart has been improved to incorporate feedback received from past course participants. The programme has once again been tailored to meet the needs of Fremantle residents who want to make a difference but this time it will run over 13 weeks rather than 7. In addition to learning the vital skills necessary to help their household save money & become more sustainable, participants will have a greater opportunity to discuss the ideas presented & connect with other members of the community. The Living Smart programme will cover handy hints on saving water, gas & energy, transport & waste management, safe use of household chemicals, indoor air quality, biodiversity & healthier & happier lifestyles. These topics are what sustainability is about & they are all interconnected. This programme is not about unwanted sacrifices on the part of individuals but it is about patience & the ability to look to the future. The programme will allow residents to embrace a connected approach to living, so that long lasting solutions for a quality life now & into the future can be created. The Living Smart programme will commence Feb 10 & will be presented by the exciting, dynamic & enthusiastic Dr Peter Dingle. As part of the course each participant will receive a Living Smart work book & a starter kit which will include energy efficient light globes, water timers, a calico shopping bag, multi rider ticket & other sustainable goodies. Plus you will get to meet other passionate City of Fremantle residents!

**Advertisement**

**LIVING SMART**

*Facilitator: Dr Peter Dingle*

Presented by the City of Fremantle, The Meeting Place & Murdoch University the Living Smart programme has been tailored to meet the needs of Fremantle residents. Learn vital skills to help your household save money & become more sustainable, including handy hints on saving water, gas & energy, transport & waste management, safe use of household chemicals, indoor air quality, biodiversity & healthier & happier lifestyles. This innovative programme will help you to create long lasting solutions for a quality life now & into the future. The Living Smart opportunity is available to City of Fremantle residents only & has limited numbers so please book early! *Crèche is available for children up to 12 years. Bookings are essential.* Tuesday 7-9pm, 13 wks starts Feb 10 (Term break during Easter & school holidays) **Free**, bookings are essential